



Saddle Stitch Color Book Interior Specifications Explained



*The image above is for an Odd Page (Right side page).
Even Page numbers will be a Mirror Image of the one above.
(spine fold will be on the right, bleed will be on the left)*

FILE REQUIREMENTS

- LSI requires that all Color Interior files be submitted in a PDFx:1-a:2001 compliant PDF file format.

(The most reliable way to create a PDFx:1-a:2001 file requires the use of Adobe Acrobat Distiller Professional Version 7 or newer)

CLICK HERE for Distiller Settings

- Interior files are to be submitted in single page layout (no spreads).
- The final PDF document size should be built to the final bleed size.
- Images should be 300 resolution CMYK files.
- All fonts should be embedded in the PDF. **CLICK HERE** for instructions to Verify Font Embedding.

Click on any item to view a detailed explanation why Lightning Source® recommends certain criteria for Color Book Saddle Stitch pages.

- 1** Magenta Dotted Lines outline the “safety area” or “live area”.
- 2** Cyan Dotted Lines show the “Bleed Area”.
- 3** Black Dotted Lines show the “trim” dimensions.

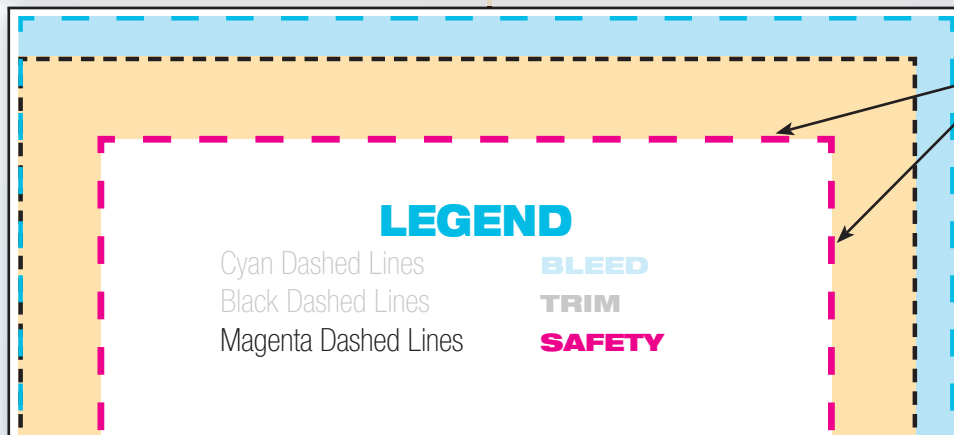


Saddle Stitch Color Book Interior Specifications Explained



1

Magenta Dotted Lines outline the “safety area” or “live area”.



.50" (13.00mm) from Trim on all four sides [Top, bottom, inside and outside]

Enlarged view of the top of an interior Odd numbered page. Even numbered pages will be a reversed image (with spine/fold on the right)

Magenta dashed lines outline the “safety area” or “live area”. No text, borders, rules, or boxes should extend outside this area. The safety area is .50" (13.00mm) from the Trim

Lightning Source® has a trim variance of .0625" (2.00mm). If elements are positioned outside this designated area, they will be in danger of being trimmed, or, in the very least, look out of place, because it is too close to the trimmed edge of the bound book.

In an effort to keep your book looking its best, Lightning Source® has determined that a book with elements at least .50" (13.00mm) from the trim to be the most compliant design to produce a quality, professional looking book.

Any book with elements closer than .50" (13.00mm) to the trim is considered non-compliant and will be placed on notification until a compliant file is submitted by the publisher.

Be aware that the ‘tails’ of various lower case letters should not hang outside the safety area. This is a common mistake when typesetting headers and footers (often used to list the Chapter Title and page numbers).

The safety area specifications for a perfect bound book are:

- .50" (13.00mm) inside the trim of book.





Saddle Stitch Color Book Interior Specifications Explained



2

Cyan Dotted Lines show the “Bleed Area”.

No Bleed on the 'inside' of the page. Page elements should stop at the trim.



.25" (6.00mm) outside the trim on the top, bottom and outside of the page

Enlarged view of the top of an interior Odd numbered page. Even numbered pages will be a reversed image (with spine/fold on the right)

Cyan dashed lines show the “Bleed Area”. Any background color, pattern, gradient or image that you wish to extend to the edge of your printed book should extend to, but not past, the cyan dotted lines.

In the binding process, your book will be trimmed to the final trim dimensions. “Bleed” is excess background that allows a small margin of error when trimming your book. If bleed were not present, the white paper that the book is printed on would be visible after the book is trimmed.

Lightning Source® requires .25" (6.00mm) bleed on the three outer edges of the page. The inside (fold/spine) should not have bleed. The background color, pattern, gradient or image should stop at the trim.

An interior submission that does not adhere to the stated bleed specifications is considered non-compliant and will be placed on notification until a compliant file is submitted by the publisher.

The safety area specifications for a perfect bound book are:

- .25" (6.00mm) outside the trim at the top, bottom and outside edges.
(*no bleed at the spine/fold)





Saddle Stitch Color Book Interior Specifications Explained



3

Black Dotted Lines show the “trim” dimensions.



Enlarged view of the top of an interior Odd numbered page. Even numbered pages will be a reversed image (with spine/fold on the right)

Black dashed lines show the “trim” dimensions. This is where your book will be cut once it is bound with the cover.

Your background will extend .25” (6.00mm) *outside* of the trim marks on the three outer edges of book and .125” (3.00mm) *inside* the trim marks on the ‘spine’ or ‘fold’.

The interior document should include the bleed within the document page.

If you have a 5.5" x 8.5" (216mm x 140mm) trim book, your document should be 5.75" x 9.00" (229.00mm x 146.00mm)

Example: Trim size **width** (5.5"/140mm) + outside bleed (.25"/6.00mm) = **5.75"/146mm.**

Trim size **height** (8.5"/216mm) + bleed at top (.25"/6.00mm) + bleed at bottom (.25"/6.00mm) = **9.00"/228.00mm.**

Lightning Source® does not accept files with trim marks. Please submit files at exact bleed dimensions with no trim marks.

